



North Carolina Balance of State Continuum of Care

bos@ncceh.org

919.755.4393

www.ncceh.org/BoS

2026 Regional Committee Leadership Contact Information

Region 1: Southwest

Counties covered: Cherokee, Clay, Graham, Haywood, Jackson, Macon, Madison, Swain

Regional Lead - TBD	Regional Alternate
Derek Lancour Vaya Health derek.lancour@vayahealth.com 828-225-2785 ext. 1230	Sommer Rector Reach of Clay County sommer@reachofclaycounty.org 828-389-0797
Coordinated Entry Lead	Unsheltered Access Coordinator
Amanda Abdulwahid United Way of North Carolina aabdulwahid@unitedwaync.org 919-439-2340 <i>Beginning on 2/18/26</i>	Makala Perez Blue Ridge Health mperez@brchs.com 828-808-4206
Project Review Committee Representative	Webmaster
Monica Frizzell NC Department of Health and Human Services monica.frizzell@dhhs.nc.gov 919-605-2959	Vacant
Scorecard Committee Representative	
Lori Watts Vaya Health lori.watts@vayahealth.com 828-225-2785 ext. 4409 or 1-800-893-6246 ext. 4409	