

1. Welcome and Introductions

10 minutes

Introduction of Speakers – Mike Harris, Center Director, Davidson County Facility Based Crisis Center- Daymark; Sharon Wilcox, Regional Operations Director-Daymark Recovery Services; Yesenia Mueller, MHA, Sr. Community Outreach Manager-Monarch

Mr. Harris and Ms. Wilcox provided an overview of Daymark Recovery Services Facility Based Crisis Center:

- The Davidson County facility is located at 1104 B S Main St., Lexington
- The 1 year anniversary for the current location will be next month
- FBC's are in 4 other NC Counties and a new facility is being built in Asheboro
- Last quarter 243 people were served, with 121 of them being from Davidson County
- Supports people in crisis, is community based and aids in avoiding hospitalization
- Licensed clinicians performs clinical assessments which take 1 ½ to 2 hours
- A Medical Director is on staff and there are 2 nurses round the clock
- 7 days is the typical stay, but exceptions can occur based on individual basis needs
- Referrals from the Emergency Department, law, etc.
- Individuals ages 18 to 65 with Substance Use Disorder are the predominant patients, followed by individuals with Mental Health Disorders. Individuals who have co-occurring Intellectual Developmental Disabilities and detox needs may also be served. 18 to 65
- Unable to support people who have medium or high physical health risk, have extreme violent Tendencies, or are actively suicidal
- If the FBC has to deny a person they will call mobile engagement to assist with placement
- Does not currently have IVC designation. but the process can be started in the facility
- Entrance criteria is on page 5 of the handout provided
- Typically there is little or no cost because of Medicaid and IPRS funding streams
- Entrance protocol is reviewed for staff and patient
- Therapy groups are held at 10 am and 2 pm
- Individual therapy sessions are available if needed
- AA and NA come to facility 3 days a week
- Patients meet with Aftercare Coordinator prior to discharge
- Transportation between facilities is available
- If referring a patient let them know they need to bring
 - Proof of residence,
 - Insurance or Medicaid card,
 - Medications already taking
 - Recent hospital discharge paperwork
 - Shoes, 3 shirts and pants and undergarments

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- For Opioid referrals note: If the person tells you they have been using you will need to find out When they last used because of potential interactions with FBC's treatment medication

Yesenia Mueller, MHA, Sr. Community Outreach Manager – Monarch provided an overview of the Youth Crisis Center

- Serves children and adolescences
- Is one of 3 in the state and was the first to one open
- Continually evolving to best meet the needs of youth
- State Employees Credit Union Foundation made a generous donation for the program
- Started as a partnership between Cardinal and the State as an alternative for hospitalization of youth ages 6-17
- Serves youth with mental health and or substance use disabilities who may not need hospitalization
- Youth with mild to moderate IDD may also be served
- Are open 24/7
- Assessment may indicate other services/level of care are more appropriate, warranting a referral
- Length of stay runs from 3 to 7 days with 5 days being the average length of stay
- Discharge Planning is vital to ensure continuum of care upon discharge.
- Appointments have made and a crisis plan is developed and sent with them upon discharge
- Data on first 6 months of service Mecklenburg County showed good outcomes
 - 99% had no hospitalization for 30 days after discharge
 - Have served some with private insurance (cannot confirm that insurance has paid for the service, parents with private insurance opted to accept the financial risk
- Has capacity to serve additional youth
- Invited everyone to come and tour the facility
- Just received IVC designation
 - Youth must have a guardian willing to provide consent for treatment. **for voluntary admissions – if guardian will not provide consent the process for IVC may be initiated to provide the youth with necessary treatment.
- Guardian provides transportation of youth to facility

2. Community Updates

- Davidson County Department of Social Services (Scott Craver)
 - Scott provided the following updates:
 - DSS continues to change
 - 6 new positions were approved for Child Welfare and a new CPS unit (Forensic Unit – being developed) will be housed at Family Services
 - The house on the hill is being renovated and will house Adult Services is moving there
 - NCFAS is on hold
 - Medicaid Transformation is happening

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- Davidson County Schools (Michelle Henderson)
 - DC Schools has recently added one new school social worker. The system currently has 10 social workers in the County schools).

- Davidson County Schools (Sherry Yarbrough)
 - Completed summer reading camp
 - Is preparing for school this year
 - DCSPAN has sandwich boards in the schools to be placed in the line where parents pick up youth so they can see the display and be encouraged to lock up their medications.

- Family Services of Davidson County (Ashley Meyer)
 - Domestic Violence Shelter is being updated
 - They are starting back with their school based services
 - September is Suicide Awareness month
 - A presentation on Suicide Prevention will be provided at DCCC

- Davidson County Community College- Single Stop Program (Matia Nelson)
 - Resource Fair on 8-13, 2018 and all are invited all to set up as vendor.
 - The two largest needs for students are housing and employment_

- Emanuel Baptist Church (Andrew Watkins)
 - The MERGE event recently took place to educate community members about mental health resources in the community.
 - Planning a program in Sept to November called Relaunch

- Davidson County Senior Services (Amanda Parris)
 - Exercise programs focusing on balance and stress release.
 - Dating event (Speed dating) – men are needed

- The Arc of Davidson County (Teresa McKeon)
 - On October 5, 2018 there will be a Sensitivity training event to provide the community the Opportunity to experience the way those we support are treated. Cost is \$10.00

- DC Public Library (Julie Johnson)
 - Increase in summer reading programs
 - Planning for fall
 - Goal is for the Bigfoot hunters to present

- Goodwill Connections (Jessica Warren)
 - Encouraged to go onto Goodwill on the Go website to register for services and learn of upcoming events
 - Passed out information about web site and various programs offered at Career Connections
 - Informed about college courses available and Third Thursday Job Fairs.

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- Davidson County Medical Ministries (Sandy Motley and Brittany Fry)
 - Submitting a grant for strategic planning to develop and implement a Recovery Oriented Community
 - She is seeking volunteers to give input on how to create a recovery community
 - Working through Barriers to Access workgroup to do this
 - All are invited to the Barriers to Access Workgroup
 - 2nd Friday of the month at 12 pm at Golden Corral.
 - Focuses is on four topics: Mental Health, Substance Use, Transportation and Provider Access
This is a great Networking opportunity.
 - Medical Ministries has part time dentist
 - Adults with Medicaid 3 days a week. kids 4 days a week.
 - Provides Thomasville City schools with dental access program for youth by going into the schools
 - Dental services are available at the Lexington Clinic on Thursdays and the Thomasville clinic on Tuesdays
 - Positive Wellness Alliance working together with outreach initiative in the HIV community

- The Workshop of Davidson (Kara Cody)
 - Management is currently in the process of restructuring
 - Received CARF accreditation
 - Programs include
 - Innovations program
 - ADVP
 - Vocational training contract work
 - VR job coaching
 - Increase presence in supported employment.

- DCCC (Joey Goodman)
 - Karen Villines- Davidson County Department of Social Services (Scott Craver)
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 - The house on the hill is being renovated and will house Adult Services is moving there
 - NCFAST is on hold
 - Medicaid Transformation is happening
 -
 - and he are holding a Community Conversations meeting in October in the evening. More details to come
 - Reach out to community to give basic information about the signs of addictions, Good Samaritan law and treatment options

- Path of Hope (Ashley Hernan)
 - Serves Adults with SU disorder

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- Residential treatment center
- Fund raiser Ride for Recovery just completed and went well
- Next fundraiser is an online auction with more details to come
- Openings at Female halfway house

- Davidson County Health Department (Jen Hames)
 - Working on Community Health Assessment
 - Done every 3 years

 - Collecting community input and information
 - Tracking demographic information
 - Community Forum to be held in fall to present information received and determine which issues they should address
 - Community input will be utilized in making the final decisions as to which needs to address
 - DC Mobile Resource Application will be presented at next meeting.
 - Working on it for 3 years.
 - Budget of \$0.00. Web based app.
 - Was originally designed for law enforcement but since it is web based everyone can use it.
 - DCCC had been a wonderful resource doing all the computer programing for the app. Still need info from local providers and stakeholders. Please supply the information to Jen or Sandy.

- Novant Health Thomasville Medical Center (Colleen)
 - Lights of hope September 15, 2018
 - Honor those lost to substance use and those struggling with it
 - All are invited to attend as vendors
 - Geriatric Behavioral Health Support Group recently started
 - It is open to the community
 - Rotates every other week between talking about what is bothering you or have Speakers
 - Tuesday nights from 5 to 6 pm
 - Located in Connections Community Room in hospital.
 - Is a 12 week pilot project. If there is a good response they will make it a permanent

- Cardinal Innovations Healthcare (Reid Thornburg)
 - Reid provided an overview of the new Online Community Resources tool on Cardinal Innovations' website
 - Through Aunt Bertha Project.
 - Will be on website within next couple weeks

- Cardinal Innovations Healthcare (Monica Johnson)
 - Monica provided an overview of the services offered by Member Engagement (ME).
 - ME is mobile and can provide education to members and their families in the community
 - Monica received kudoos from Teresa for her presentation at the ARC state conference
 - Call Cardinal Innovations 800# (1-800-939-5911) to contact a ME Specialist.

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3. **Old Business**

- a. No old business discussed.

4. **New Business**

- John noted:
 - Funding Opportunities Available:
 - Health Improvement North Carolina - The Kate B. Reynolds Charitable Trust is accepting grants through August 14th to fund specific bodies of work addressing improving health outcomes at the individual, county or state level
 - Cardinal Innovations Healthcare recently launched its new Provider Line, which can be accessed at 855-270-3327.
 - Davidson County Whole Person Conference
 - John provided an overview of the one held in Stanly county and checked for interest in holding a conference of this type
 - Timeframe of February or March
 - John will take the lead
 - Reid explained integrated health care as it related to the Stanly County event
 - John will send out an email this week seeking volunteers to participate in planning
 - Resource app will be premiered at the November meeting
 - A presenter from the Veteran's Foster program presented at the Cardinal Innovations' Community Engagement Regional meeting about their Adult Foster Program and suggested members of this committee might be interested in hearing the presentation. All were in favor of having her come to the November meeting as a presenter.
 - Smart start will have an event at First Lutheran Church in October that looks at health holistically
 - Bill Pless is contact person

Meeting adjourned at 12:00p.m.