

North Carolina

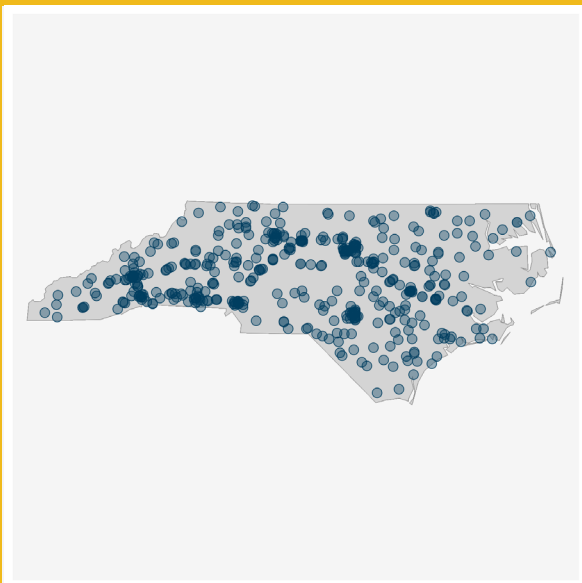
2023 Head Start & Early Head Start Profile

“Head Start changed our lives for the better. Without Head Start, my children would not be where they are today—especially my oldest who, because of Head Start, was finally able to start communicating her wants and needs.”

— Delta Davis, Asheville



Visit nhsa.org/locator to view state maps in detail.



• **450**
Head Start and Early Head Start Centers Statewide

\$243,871,997

FY22 Funding

(Excluding Migrant and Seasonal Head Start Funding)

21,538

Funded Slots Statewide

15,259

Funded Head Start Slots

5,694

Funded Early Head Start Slots

144

Funded American Indian / Alaska Native Head Start Slots

86

Funded American Indian / Alaska Native Early Head Start Slots

355

Funded Migrant and Seasonal Head Start Slots

Head Start's Model

Nationwide, Comprehensive, Multi-Generational

In the six decades since our founding, we have reached a new milestone: 37 million children have been served by Head Start. Innovators and small business owners, police officers and members of the service, nurses and teachers—our alumni represent the vast and diverse fabric of our country. From early math and reading skills, to confidence and resilience, Head Start helps children build the skills they need to be successful in school and life.

Head Start takes a comprehensive approach to meeting the needs of young children and their families. **There are four pillars in every program:**

Education: Learning experiences support intellectual, social, and emotional growth

Health Services: Immunizations, dental, medical, and mental health support, nutritional services, and early screenings ensure healthy development

Family Involvement: Opportunities for parents and caregivers to be involved in decision making, participate in classes, and volunteer in the program strengthen families

Wraparound Support: Tailored services meet local and individual needs and link children and families to community supports.

“ The key takeaway is that the benefits of Head Start appear to transfer from one generation to the next in a substantial way... These results imply that cost-benefit analyses of Head Start and similar early childhood interventions underestimate the benefits of such programs by ignoring the transmission of positive effects across generations.”

— *Breaking the Cycle? Intergenerational Effects of an Antipoverty Program in Early Childhood*, Journal of Political Economy, 2022

